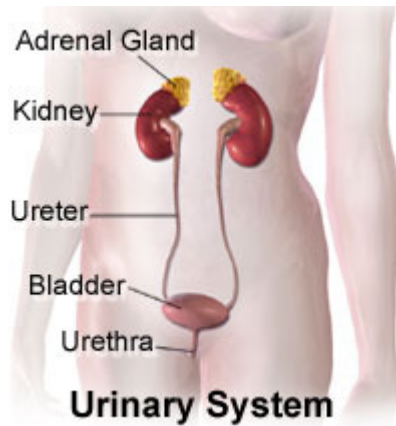


# CYSTOSCOPY AND / OR BIOPSY - LOCAL



## *WHAT IS A CYSTOSCOPY?*

This is a procedure where the surgeon uses a special telescope to look into the urethra, the bladder.



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## *WHAT DOES THE SURGEON DO?*

The surgeon will insert a telescope into your bladder to inspect the inside of the bladder and the openings of the tubes to the kidneys to determine if there are any abnormalities.

Specimens of urine or biopsies of the bladder may be taken at this time and sent to pathology for closer examination.

## *WHAT SORT OF ANAESTHETIC DO I HAVE?*

Anaesthetic jelly is inserted into the tube where the urine comes out (urethra). This numbs the tube.

## *DAY OF SURGERY*

**PLEASE REFER TO YOUR WESTERN HEALTH ADMISSIONS LETTER FOR DETAILS ON WHERE TO GO ON THE DAY OF SURGERY AND FASTING DETAILS.**

## *WHAT HAPPENS TO ME AFTER THE OPERATION?*

- You will remain in the day procedure area until your condition is stable.
- You may be given medication to make you comfortable. It is important to tell the nurses if you become uncomfortable.
- You will be given something to eat and drink following the procedure.
- You will be required to pass urine before you are discharged.
- Should you be unable to pass urine you may require a catheter for a short period of time. This will be discussed with you at the time by the nursing staff if necessary.

- You may pass some blood stained urine, or have some burning, this should lighten and clear over the next few days following the procedure.
- It is important that you drink fluids 2-3 liters per day unless a medical / cardiac condition prevents you from doing so.

## *WHAT KIND OF PAIN RELIEF WILL I NEED?*

Pain is not expected after this operation; however tablets are available if needed.

## *HOW LONG WILL I BE IN HOSPITAL?*

You will usually go home the same day.

Please turn over



## ***WHAT HAPPENS WHEN I GO HOME?***

- Eat a normal diet but increase your fluid intake if there is any bleeding
- You may have sexual intercourse when you feel comfortable

## ***CONTACT YOUR DOCTOR IF:***

- Your urine is cloudy or smelly
- You develop a fever or chills

## **GO TO THE EMERGENCY DEPARTMENT IF:**

- There is excessive bleeding
- You are unable to pass urine

## ***YOUR NEXT DOCTOR'S APPOINTMENT:***

An appointment will be sent to you in the mail or if you see your urologist privately contact the consultants rooms to make your appointment

For more information please contact:

- Urology Bookings  
8345 6019.
- Outpatients Department  
8345 6490
- Admission Footscray  
8345 6419
  
- Better Health Channel  
[www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)
- Health institute:  
[www.healthinsite.gov.au](http://www.healthinsite.gov.au)

*This information leaflet contains important information to help you recover safely at home. This information is intended to support not replace a discussion with your doctor or health care professionals. Western Health accepts no liability for any information that may be perceived as misleading and directs you to your health professional.*



# **UROLOGY SERVICE**

# **CYSTOSCOPY AND / OR BIOPSY**

# **LOCAL ANAESTHESIA**

# **MAY 2010**