



'Robot-assisted therapy like the ReJoyce Workstation would speed the recovery of stroke patients who have minimal to no movement in their arm, hand and fingers. Having this type of robotic technology will significantly improve outcomes for patients like Mark attending Community Based Rehabilitation here at Western Health.'

**Marlies Wanasili, Senior Occupational Therapist,
Western Health Community Based Rehabilitation**

Why your donation is so important

Every year Western Health treats hundreds of patients suffering from life-changing effects following a major stroke. Many patients require months of rehabilitation before they are well enough to go home.

Your donation today means we can provide the very latest in robot-assisted therapy to get patients back to doing normal everyday activities – faster.

Whether your donation is big or small, every dollar counts.

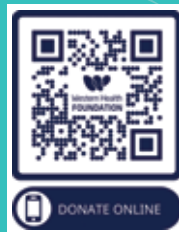
Thank you for your generosity.

Three easy ways to donate to our robot-assisted therapy program

**Mail: Send your donation to
Locked Bag 1200, Sunshine Vic 3020**

Phone: (03) 8345 7660

Online: whfoundation.org.au



Scan code with your
smartphone camera
to donate online

Western Health Foundation

ABN 37 867 721 909
Locked Bag 1200, Sunshine Vic 3020
T: 03 8345 7660
E: foundation@wh.org.au
F: [@westernhealthfoundation](https://www.instagram.com/westernhealthfoundation)
W: whfoundation.org.au



Your donation will support stroke patients like Mark in their recovery

**Together we can create
best care for the west**

whfoundation.org.au



**Western Health
FOUNDATION**

Meet stroke survivor Mark

For stroke survivor Mark, it's the simple things like doing up a button, or opening a bottle of water, that he finds the most challenging.

The former tennis and AFL coach suffered a debilitating stroke in December 2020 that left him partially paralysed on his left side.

After spending six weeks on the rehabilitation ward at Sunshine Hospital, Mark has been undertaking a weekly regime of Community Based Rehabilitation to improve the function in his arm and help him regain his independence.

"My motto is whatever it takes," says Mark.

"Whatever it takes to get myself back to doing things for myself.

"Being able to pick up objects with my left hand... drive the car....take the dog for a walk....all the things that I took for granted."

With your support, patients like Mark can regain their independence quicker.



Mark with his wife Anita and children William and Sophie

It's so easy to help patients like Mark in their recovery!

All it takes is a simple donation

Your donation will go towards a Rehabtronics ReJoyce Workstation to assist patients like Mark who have impaired function of the arms and hands.

The robotic workstation guides patients through a interactive therapy program that simulates everyday activities like opening a key lock or turning a jar lid to improve fine motor skills.

Evidence has shown that patients recover best when they can achieve 1,000 repetitions a day. The ReJoyce Workstation allows patients to work towards this goal, independently, while motivating them to improve time and scores during their therapy sessions.

Your donation today will enable Western Health to provide the very latest in robotic technology to aid patients in their recovery.



Stroke can affect anyone... at any time.

A stroke occurs when the blood supply to the brain is interrupted or reduced, depriving brain tissue of oxygen and nutrients.

One in six people will have a stroke in their lifetime, with one stroke occurring every 10 minutes in Australia. **Around 20 percent of strokes happen to people under the age of 55.**

Stroke is a leading cause of death and disability, with 65 percent of stroke survivors suffering a disability that impedes their ability to carry out daily living activities unassisted.

Your donation today will support stroke patients at Western Health in their recovery.